

Dane Court Grammar School

Newsletter



Next Week

26th June 2023 – Week A

26th June: –

27th June: Year 10 Forensics day & Colour Run

28th June: Year 10 Forensics day

29th June: New Entrants' Evening

30th June: Year 7 STEM Morning

See the [school website](#) for the [full calendar](#) and [term dates](#)



New Articles

- Grease Rehearsal Details
- Spare Asthma Inhaler
- PE Department



From Monday to Wednesday next week the school will run a 2-1-2 timetable and for Thursday and Friday it will be a 2-2-1 timetable

Some articles have been repeated under Current Information for your reference

Grease Rehearsal details

Week beginning 26th June - we have rehearsals after school every night until 5pm with all costumes required by Thursday 29th please (preferably in bags or hangers with names). They will live at school until after the show.

- Sunday 2nd July - Full tech run for everyone 10am - 3pm.

Week beginning 3rd July - SHOW WEEK - Monday and Tuesday students are off timetable all day to run full tech and dress until 4pm both days.

- Wednesday: Students are off timetable all day and will be performing to a Primary School audience. Normal school finish time but Greased Lightning cast back to school at 5:30pm for whole cast warm up and pre-show preparations.
- Thursday: Students off timetable P2-4 to perform a Grease Medley to our Y6 Transition Day students. Normal school finish time but Summer Nights Cast back to school at 5:30pm for whole cast warm up and pre-show preparations.
- Friday: Normal timetable and normal school finish but Greased Lightning cast back to school at 5:30pm for whole cast warm up and pre-show preparations.
- Saturday: Summer Nights Cast arrive at school at 5:30pm for whole cast warm up and pre-show preparations.

Students will need to be fed and watered before coming back to school on show nights, and will need water for backstage as it will be hot! If your child cannot go home between school and the 5:30 cast call, they may stay in school as Mr Stanley and Mrs Radley will be on site but they will need food with them for dinner. This is not an ideal option as we too will need a break and to get ourselves/the stage ready so where possible it is best for students to be able to have a short break from school.

We anticipate a 9pm finish on show nights, please wait outside of the school entrance (outside the main office) for collection to allow audience members to leave through the main doors. Please encourage students to keep going over lines and to keep an eye on the rehearsal schedule for lunchtimes.



Spare Asthma Inhaler

If your child suffers from Asthma, and you would like us to hold a spare in the main office, then just send a spare inhaler in with your child to hand in to the main Reception. Spare inhalers are useful to have in school for emergencies or trips or for your child has simply forgotten theirs.



PE Department

Here are our term 6 clubs which are also listed on the website for future reference:

Tuesday - Athletics club - 3.30-4.25

Wednesday - Tennis club - 3.20-4.25

Thursday - Cricket and rounders club - 3.30-4.25

Thank you



Current Information

Scientific Calculators

We have a small stock of new Casio fx9750 GII scientific calculators that are no longer used in the sixth form, that would be suitable for use by pupils in years 10 and 11. If you would like to purchase one at a reduced cost of £30 please email the Finance department:
finance@danecourt.kent.sch.uk

International Food evening

We are very pleased to be able to announce the re-launch of the International Food evening for year seven students this year. This will be the first time we have run this event in three years.

What is it? - An International Food extravaganza - a bit like a food festival, researched, planned and catered for by year seven students. Parents are invited to attend with year seven students to sample some International foods made by year seven students and to visit stalls and learn about a multitude of International cuisines. As well as International cuisine stalls run by students there will be some local business stalls, a mocktail bar, a raffle and an auction. You probably won't need dinner before you come!

When? - Tuesday 11th July 5.00 - 6.30

Who? - Year seven students and family members.

How? - Parents can support this event in a number of ways:

- Contributing raffle prizes and auction promises or donations, the proceeds of which will go towards fundraising for the Food department
- Supporting year seven students in selecting suitable recipes for the event, food preparation and visiting the event. Students only need to make a small batch of their choice of recipe which can be divided up into small tasters.
- Volunteering to help out in a practical lesson to support your child and their peers in a busy practical lesson

If you are interested in helping out at all, please send in raffle and auction donations to The Food Department with your child or via the main office. Please also contact Mrs Leese or Mrs Edmondson if you would like to help out in a practical lesson, or in any other way.
nedmondson@danecourt.kent.sch.uk leese@danecourt.kent.sch.uk

This is an exciting event which enables year 7 to showcase practical skills and knowledge that they have developed through the year. We thank you for your ongoing support - it is much appreciated.

The Food department.



Careers update for Term 6

To conclude a lively and engaging careers programme for 2022/23 Term 6 provides the following opportunities for students.

STEM Day - Friday 30th June, Year 7

6 interactive workshops highlighting the STEM skills students are developing in school and how they will be used on a STEM career pathway.

UK Creative Festival - 12th and 13th July, Years 10 to 13

Following a fantastic creative industry festival last year the event is back at Dreamland with even more on offer.

This is a must for students in Years 10 to 13 with an interest in the creative industry. Further information can be found [here](#).

Mrs Linton will run a trip on one of the days - to be confirmed.

Students must register their interest [here](#).

Parents/carers who are interested in finding out more about the apprenticeship and university support offered to students at school can encourage their son/daughter to sign up to our Google Classrooms that are updated weekly with information about opportunities.

University - Class code qukojer

Apprenticeships - Class code zc5wzc7

Parents/carers who have contacts in industry who would like to connect with Dane Court to provide or get involved with careers activities, please get in touch, I would love to hear from you!

Mrs Linton
Careers Leader



Peer Mentors

We now have a group of trained Peer Mentors in Year 12 who can support the wellbeing needs of our younger students. The group was trained via the Anna Freud Centre for Children and Families and they use an evidence-based approach to their training and resources. <https://www.annafreud.org/>

Please see the flyer below regarding what they can offer and a link to the referral forms or click here:

https://docs.google.com/forms/d/e/1FAIpQLSfJxFOiDSLraA9i0x56BWi6mWSJaOMQtUjGnthAarh_odFoDA/viewform

All referrals need to be self-referrals to ensure engagement. Please talk to your child about a possible referral and complete the form together if you feel the service would be supportive for them.

Dane Court Charity Colour Run

Following the previous success of a colour run at Dane Court we will be holding one after school on the 14th July from 3.20 to 4.15pm.

This event is being run by year 8 and the House Captains to raise money for the schools chosen charities this year of MacMillan Cancer, Game Rangers International and Bone Cancer Research.

Participating students will run, walk, skip their way around a 1km course whilst having colourful non-toxic, eco-friendly paint powder thrown at them and listening to our event DJ Mr Lycett. We recommend students bring a change of old clothes to wear for the event, which they can change out of to travel home in (public transport may not allow students covered in paint to travel).

A participation fee of £5 must be paid by students to cover the cost of the paint and a donation to the charities. We are encouraging the students to raise more if possible. This event will not be available to pay on WisePay.

Students must hand in their participation fee and consent form during mentoring on the week of the 19th June.

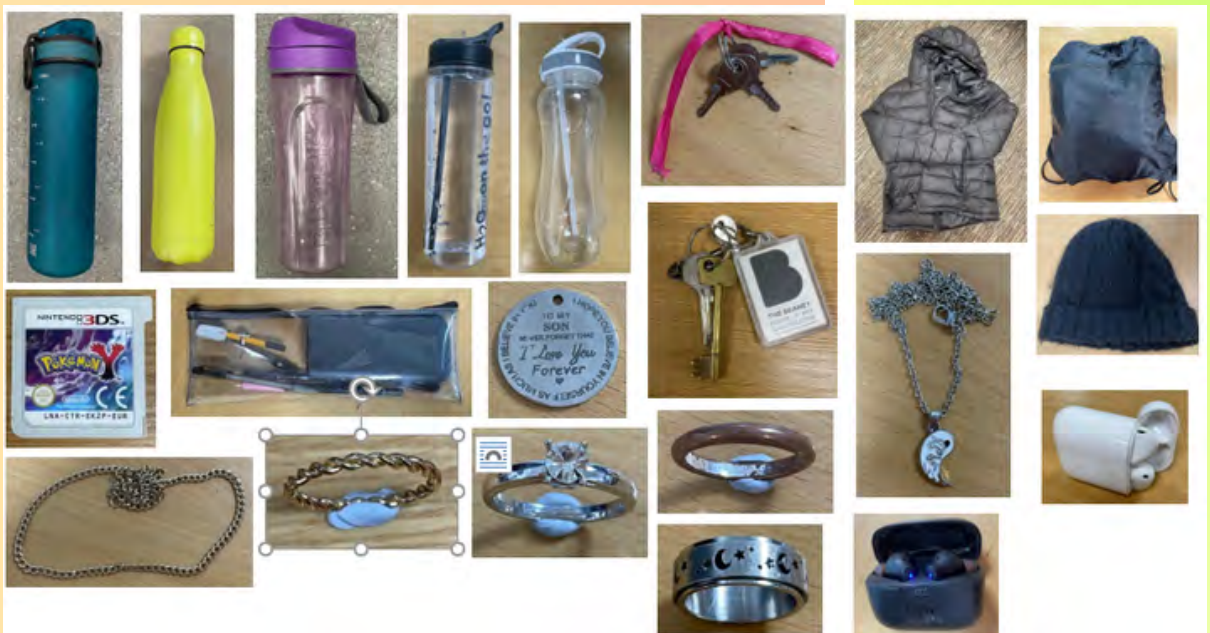


Lost Property

We have a selection of items in our lost property already this term. They include unnamed uniform and PE clothing, PE bag, jewellery, keys, a pencil case, DS game, earbud headphones, hat, coat and water bottles. Please remember to name any items your child brings into school to help us quickly return any lost items. Photos of the easily identified items are set out below. If you or your child recognise any of them, or think that the items of unnamed uniform may belong to your child, please do contact the office on 01843 864941 to arrange collection as soon as possible.

Many thanks, Office Team

LOST IT?
FIND IT!



Schools and Colleges Early Support Service

Information regarding recorded Webinars for Young People and Parents/Carers

Dear Parents/Carers,

We would like to share with you our webinar series specially tailored for young people, in collaboration with the Schools and Colleges Early Support Service.

The topics have been chosen to reflect common difficulties young people may experience. These webinars provide useful advice for young people to support them in looking after their own mental health.

Young people can register to view these webinars using the links below. Once registered, these webinars can be viewed more than once and at any time, for up to 30 days.

We are also launching some new webinars for parents/carers to access on demand over the holidays.

Webinars for Young People:

NEW: Managing your wellbeing when transitioning to university

The move from secondary school or college into higher education and university can feel both exciting and scary. This webinar will explore top tips to help you to manage your wellbeing in the first few weeks of university, what you might want to consider and what you might expect during this transition period. Further resources will be shared on how you might seek further support around your wellbeing if needed.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: q1#4PE6&

How to manage exam stress

Stress levels can be higher than usual around exam time. A bit of stress can help us to stay motivated but too much can be unhelpful. This webinar will help your young people to find the best ways to manage their stress levels and stay calm before, during and after their exams.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: N7dqw!=C

How to manage low mood

We all experience low mood in different ways. It can not only impact upon how we feel but it can also affect how we live our lives day to day, including our relationships, eating and sleeping patterns, concentration and school/college work. It can lead to feelings of hopelessness and stop us from enjoying the things we normally would. This webinar will help your young people to understand what low mood is, help them to spot the signs of low mood and support them to look after themselves by using self-care strategies.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: 8u*8j+NI

How to manage anxiety

Anxiety is a normal part of life and can affect anyone. A bit of anxiety from time to time is normal, it can help with motivation at school/college, sport or work. However, if anxious feelings don't go away, they can interfere with our ability to concentrate, socialise with friends and generally enjoy life. This webinar will help your young people to recognise the signs of anxiety and understand how anxiety impacts on their thoughts, feelings and behaviours. The webinar will also support them to reduce and manage anxious feelings by using self-care strategies.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: CWuA+2#2

NEW Webinars for Parents/Carers:

Supporting your young person with anxiety before results day

Exams and the period leading up to exam results can understandably feel quite stressful for many young people and their families. This webinar will explore ways in which you can support your young person with feelings of anxiety before results day. We will offer top tips from our Young Champions and healthy strategies that you can use to support both yours and your young person's mental wellbeing.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: c+P7K=%3

How to support your young person with low mood

Low mood does not just affect adults. Young people can experience low mood too. Common signs of low mood often include sadness that does not go away, feeling irritable all of the time, not being interested in things that used to be enjoyed, feeling tired and exhausted a lot of the time. Things that might increase low mood include family difficulties, bullying, bereavement, parental separation, friendship issues. Our webinar will offer some insight into spotting the signs and symptoms of low mood, understand why young people are vulnerable to experiencing this and offer evidence-based strategies to support a young person.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: 5FMJ\$.5Q

How to support your young person with anxiety

It is normal to sometimes feel anxious, however for some adolescents, anxiety can become a significant problem that stops them from doing things, e.g., talking to new people, going out with friends, or doing their best in exams. The focus of this webinar will be on what parents/carers can do to help their teens who are experiencing anxiety. It will cover when anxiety is normal vs. problematic, common anxieties during adolescence (exam stress, social anxiety and worries about identity and development), the relationship between parent-child anxiety, and how and when to access support for you and your child. We will also discuss a couple of 'real world' examples of common adolescent anxieties and different strategies that may be helpful in those situations.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: C0Y4bVF@

Transition to secondary school: supporting your year 7 child with the ending and new beginning

The move from primary school to secondary school can feel both exciting and overwhelming for your child. This webinar will explore ways that you can support your child during this period of change. Top tips will be shared to help you to consider challenges and opportunities that may arise during transition, spotting when your child may be struggling, strategies to help you to support your child and exploring your own wellbeing. Resources will be shared on how you/they might seek further support if needed.

Click [here](#) to register to watch.

Passcode to watch webinar on demand: ^#81sxNP